

## **Program for Newcomer Information Session about Working Life 12 May at 12.00-14.00**

- 12.00-12.05     **Introduction of program and speakers**
- 12.05-12.25     **Insights for international jobseekers**  
Employment coach at Migration Affairs Unit
- ✓ Characteristics of the local labor market
  - ✓ Job search, practices, channels and methods
  - ✓ Public services for jobseekers
- 12.25-12.40     **Understanding employee rights and unionization**  
AKAVA
- ✓ Characteristics and benefits of trade unions in Finland
  - ✓ Key features of collective agreements
  - ✓ Where to get help in various work-related situations
- 12.40-12.55     **Basics of the Employment Legislation**  
Regional State Administrative Agency (AVI), Occupational Safety and Health
- ✓ Employment contracts explained
  - ✓ Understanding wages & salary
  - ✓ Working hours & work shift practices
- 12.55-13.10     KAHOOT! – fun quiz with questions about Finnish work life
- 13.10-13.30     **Basics of Finnish earnings-related insurance system and telework**  
Finnish Centre for Pensions
- ✓ Earnings-related insurance – premiums withheld from salary and what is received in return
  - ✓ Teleworker's social security
  - ✓ Employee's social security
- 13.30-13.50     **Overview of starting a business**  
Business Helsinki
- ✓ Establishing a company
  - ✓ Business planning and funding
  - ✓ Residence permits for entrepreneur and startup entrepreneur
- 13.50-14.00     **Career support for international spouses**  
Spouse Program
- ✓ Understanding and adapting to the Finnish job market
  - ✓ Building new networks and company connections
  - ✓ Providing a supportive peer community

Changes are possible