

NEWCOMER INFORMATION SESSION PROGRAM Sept 13 at 9.00-10.45

PART 1. RELOCATION PRACTICALITIES

- 9.00-9.05 **Introduction of program and speakers**
- 9.05-9.30 **How to prepare for your relocation**
- ✓ Work-based immigration
 - ✓ Registrations and formalities
 - ✓ Introduction of International House Helsinki

PART 2. WELCOME TO THE HELSINKI CAPITAL REGION

- 9.30-9.40 **Helsinki as a place to work and live**
- ✓ Why relocate to Helsinki?
 - ✓ What makes Helsinki a city of a good life
 - ✓ Free time & culture in Helsinki
- 5 min break
- 9.45-10.05 **Settling-in and everyday life**
- ✓ Housing
 - ✓ Public transport
 - ✓ Healthcare system
- 10.05-10.15 **KAHOOT! - Fun quiz with useful tips**

PART 3. SERVICES FOR FAMILIES

- 10.15-10.25 **Introduction of Spouse Program**
- 10.25-10.45 **Daycare and schools**
- ✓ Finnish education system at a glance
 - ✓ Education options at different ages
 - ✓ Study options in different languages