

Program for Newcomer Information Session about Working Life 24 Jan at 12.00-14.00

- 12.00-12.05 **Introduction of program and speakers**
- 12.05-12.25 **Insights for international jobseekers**
Employment coach at Migration Affairs Unit
- ✓ Characteristics of the local labor market
 - ✓ Job search, practices, channels and methods
 - ✓ Public services for jobseekers
- 12.25-12.40 **Understanding employee rights and unionization**
AKAVA
- ✓ Characteristics and benefits of trade unions in Finland
 - ✓ Key features of collective agreements
 - ✓ Where to get help in various work-related situations
- 12.40-12.55 **Basics of the Employment Legislation**
Regional State Administrative Agency (AVI), Occupational Safety and Health
- ✓ Employment contracts explained
 - ✓ Understanding wages & salary
 - ✓ Working hours & work shift practices
- 12.55-13.10 KAHOOT! – fun quiz with questions about Finnish work life
- 13.10-13.30 **Basics of Finnish earnings-related insurance system and telework**
Finnish Centre for Pensions
- ✓ Earnings-related insurance – premiums withheld from salary and what is received in return
 - ✓ Teleworker's social security
 - ✓ Employee's social security
- 13.30-13.50 **Overview of starting a business**
Business Helsinki
- ✓ Establishing a company
 - ✓ Business planning and funding
 - ✓ Residence permits for entrepreneur and startup entrepreneur
- 13.50-12.00 **Career support for international spouses**
Spouse Program
- ✓ Understanding and adapting to the Finnish job market
 - ✓ Building new networks and company connections
 - ✓ Providing a supportive peer community

Changes are possible