

Program for Newcomer Information Session about Working Life 25 Feb at 14.00-16.00

- 14.00-14.05 **Introduction of program and speakers**
- 14.05-14.25 **Insights for international jobseekers**
Employment coach at Migration Affairs Unit
- ✓ Characteristics of the local labor market
 - ✓ Job search, practices, channels and methods
 - ✓ Public services for jobseekers
- 14.25-14.40 **Understanding employee rights and unionization**
AKAVA
- ✓ Characteristics and benefits of trade unions in Finland
 - ✓ Key features of collective agreements
 - ✓ Where to get help in various work-related situations
- 14.40-14.55 **Basics of the Employment Legislation**
Regional State Administrative Agency (AVI), Occupational Safety and Health
- ✓ Employment contracts explained
 - ✓ Understanding wages & salary
 - ✓ Working hours & work shift practices
- 14.55-15.10 KAHOOT! – fun quiz with questions about Finnish work life
- 15.10-15.30 **Basics of Finnish earnings-related insurance system and telework**
Finnish Centre for Pensions
- ✓ Earnings-related insurance – premiums withheld from salary and what is received in return
 - ✓ Teleworker's social security
 - ✓ Employee's social security
- 15.30-15.50 **Overview of starting a business**
Business Helsinki
- ✓ Establishing a company
 - ✓ Business planning and funding
 - ✓ Residence permits for entrepreneur and startup entrepreneur
- 15.50-16.00 **Career support for international spouses**
Spouse Program
- ✓ Understanding and adapting to the Finnish job market
 - ✓ Building new networks and company connections
 - ✓ Providing a supportive peer community

Changes are possible