

## **Program for Newcomer Information Session about Working Life 6 October at 14.00-16.30**

- 14.00-14.05     **Introduction of program and speakers**
- 14.05-14.25     **Insights for international jobseekers**  
Employment coach at Migration Affairs Unit
- ✓ Characteristics of the local labor market
  - ✓ Job search, practices, channels and methods
  - ✓ Public services for jobseekers
- 14.25-14.40     **Understanding employee rights and unionization**  
AKAVA
- ✓ Characteristics and benefits of trade unions in Finland
  - ✓ Key features of collective agreements
  - ✓ Where to get help in various work-related situations
- 14.40-14.55     **Basics of the Employment Legislation**  
Regional State Administrative Agency (AVI), Occupational Safety and Health
- ✓ Employment contracts explained
  - ✓ Understanding wages & salary
  - ✓ Working hours & work shift practices
- 14.55-15.10     KAHOOT! – fun quiz with questions about Finnish work life
- 15.10-15.30     **Basics of Finnish earnings-related insurance system and telework**  
Finnish Centre for Pensions
- ✓ Earnings-related insurance – premiums withheld from salary and what is received in return
  - ✓ Teleworker's social security
  - ✓ Employee's social security
- 15.30-15.50     **Overview of starting a business**  
Business Helsinki
- ✓ Establishing a company
  - ✓ Business planning and funding
  - ✓ Residence permits for entrepreneur and startup entrepreneur
- 15.50-16.00     **Career support for international spouses**  
Spouse Program
- ✓ Understanding and adapting to the Finnish job market
  - ✓ Building new networks and company connections
  - ✓ Providing a supportive peer community
- 16.00-16.30     **Questions & Answers**

Changes are possible