

NEWCOMER INFORMATION SESSION PROGRAM

14 Mar at 12.00-14.00

PART 1. RELOCATION PRACTICALITIES

12.00-12.05 **Introduction of program and speakers**

12.05-12.30 **How to prepare for your relocation**

Relocation Specialist, Migration Affairs Unit

- ✓ Understanding work-based immigration and necessary formalities
- ✓ Completing required registrations for a smooth start
- ✓ Introduction of International House Helsinki

PART 2. WELCOME TO THE HELSINKI CAPITAL REGION

12.30-12.40 **Helsinki as a place to work and live**

Helsinki Partners

- ✓ Why relocate to Helsinki?
- ✓ What makes Helsinki a city of a good life
- ✓ Free time & culture in Helsinki

12.40-13.10 **Settling-in and everyday life**

Relocation Specialist, Migration Affairs Unit

- ✓ Finding housing and understanding rental practises
- ✓ Getting around easily with public transport
- ✓ Navigating the Finnish healthcare system

13.10-13.20 **Support for International residents in Helsinki**

Service Advisor, Helsinki-info

- ✓ Tips for navigating services and finding reliable information
- ✓ Guidance for easier settling and integration
- ✓ Help with understanding city services and opportunities for newcomers

13.20-13.30 KAHOOT! - Fun quiz with useful tips

PART 3. SERVICES FOR FAMILIES

13.30-13.40 **Introduction of Spouse Program**

Spouse Program

13.40-14.00 **Daycare and schools**

City of Helsinki, Education Division

- ✓ Finnish education system at a glance
- ✓ Education options at different ages
- ✓ Study options in different languages

Changes are possible